

STARTERS

| BASKET OF FRIES fresh cut russet potatoes | 7.49 | CLASSIC WINGS OR 1lb 15.99 2lb 29.99 BONELESS BREADED WINGS | |
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| BASKET OF ONION RINGS with chipotle mayo | 7.49 | chicken wings tossed in your favourite sauce | |
| SWEET POTATO FRIES with chipotle mayo | 7.49 | served with carrot and celery sticks and a side of blue cheese dip | |
| MOZZARELLA STICKS served with marinara sauce | 11.99 | mild, medium, hot, honey garlic, dry cajun, lemon pepper, chipotle bbq or caribbean jerk | |
| SOUP OF THE DAY | 6.99 | PIZZA WRAPS 9.99 | |
| POTATO SKINS | 9.99 | CHICKEN BACON RANCH 12.95 POUTINE | |

GREENS

| Add protein to your salad – Grilled Chicken or Tuna Salad for 4.99 | |
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| LOFT SALAD crisp mixed greens, topped with cucumber, tomato, cranberries, sliced almonds, red onion and feta served with in-house dressing appetizer size 9.99 | 12.99 |
| CAESAR SALAD romaine, homemade croutons, bacon bits, and parmesan served with creamy caesar dressing appetizer size 9.99 | 13.99 |
| GREEK SALAD garden greens, tomatoes, cucumber, green peppers, onions, feta, and black olives served with greek dressing | 14.99 |
| COBB SALAD garden greens, tomatoes, bacon, grilled chicken breast, hard-boiled egg, avocado, blue cheese, vinegarette dressing | 16.99 |

SANDWICHES

| with fries or speed soled | OP add august notate frie- | 00 |
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| with thes or caesar salad | OR add sweet potato fries | OR onion rings for 2.99 |

| CHICKEN CLUB grilled chicken breast, bacon, cheese, tomato, and lettuce with chipotle mayo | 16.99 |
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| BEEF DIP fresh carved AAA striploin on a hoagie bun & served with au jus | 17.99 |
| PHILLY CHEESESTEAK with sauteed peppers, onions and cheese on a hoagie bun | 17.99 |
| CHICKEN ON A BUN grilled chicken with cheddar, tomato and lettuce | 15.99 |
| REUBEN corned beef, swiss cheese and sauerkraut on marble rye. 1000 island dressing | 16.99 |
| CHICKEN CAESAR WRAP grilled chicken breast, romaine, bacon bits, & caesar dressing | 15.99 |
| BUFFALO CHICKEN WRAP crispy chicken tossed in buffalo sauce with cheese, tomato, lettuce, & ranch dressing | 16.25 |
| GRILLED CHEESE SANDWICH on white or brown , Add bacon 2.99 | 9.99 |

BURGERS

all burgers include: 6 oz homemade beef patty, tomato, pickle, onion, and lettuce with fries or caesar salad | OR add sweet potato fries OR onion rings for 2.99, add cheese 1.99 or add bacon 2.99

| CLASSIC BURGER | 15.99 | BEYOND MEAT BURGER | 14.99 |
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MAINS

CHICKEN QUESADILLA 15.99

grilled chicken, cheddar, tex mex spice, monterey jack cheese, peppers & onions served with salsa & sour cream

CHICKEN TENDERS 15.99

four crispy chicken fillets served with fries & plum sauce OR tossed in wing sauce & served with blue cheese dressing

HADDOCK FISH & CHIPS

served with coleslaw, tartar sauce & lemon

15.99

MEDITERRANEAN PASTA 15.99

chicken, penne, roasted red peppers, black olives, feta, basil and olive oil